



# MARCH SPEAKER EVENT

*The Association of Administrative Professionals, Toronto Charter  
Branch proudly presents:*

**GORETT REIS**

**Certified Career and Life Coach,  
and Acclaimed Speaker**

**WEDNESDAY, MARCH 21**

## **Living from the Inside Out: 3 Ways to Go from Over to Inner Achiever in your Career and Life**

This talk will explore three ways to take your power back and live a life that is informed by your authentic self. Gorett will guide you step by step on how she listened to, and developed, her inner compass after many years of overachieving, and how you can too! When you walk away at the end of the evening, you will have three practical steps to live a life of alignment, purpose and passion.

## **ABOUT THE SPEAKER**



Gorett Reis is a Certified Career and Life Coach, and Acclaimed Speaker. She mainly works with success-driven professionals who feel dissatisfied with their career and who want to transition to a new position or role that provides more autonomy, money, and fulfillment. At times this is helping clients enhance the positions they want to keep. She is very results-oriented and most of her clients achieve this, along with more balance, in 6 months or less. Her clients range from Chief Operating and Financial Officers to budding entrepreneurs.

She trained and received certification from Martha Beck Inc. Dr. Martha Beck was Oprah's coach and is regarded as a top practitioner in the coaching field. She also has three degrees from the University of Toronto: a Masters of Education, a Bachelors of Education and an Honours Bachelor of Art. She speaks and sponsors at various events, has traveled to over 30 countries, had group and solo art shows when she used to do art and continues to develop both personally and professionally.

**RSVP**

Email Aldena @ [aap.toronto.vicepresident@gmail.com](mailto:aap.toronto.vicepresident@gmail.com)

**FREE!**

**AAP Members Free  
Guests: \$7 Donation**

(Fees collected will be donated to the Shoe Box Charity – this year's AAP benefactor.)

**Take back your  
inner power!**

**Gain autonomy in  
your life!**

**Gain points  
toward re-  
certification!**

**\*New Location\***

**Toronto General  
Hospital, 200 Elizabeth  
Street, Toronto  
Astellas Rm #190, 11th Fl.,  
Peter Munk Building**

**Parking:  
201 Elizabeth Street  
(across from hospital)**

**6:00 p.m. Registration  
6:30 p.m. Guest  
Speaker**