



Professional Development Day

Wednesday March 22, 2017

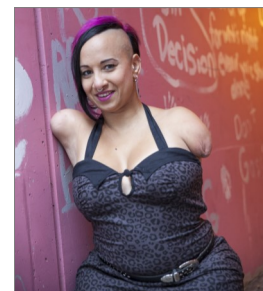
Michelangelo Events and Conference Centre
1555 Upper Ottawa St., Hamilton (free parking)

AGENDA

8:00 am Registration and Continental Breakfast

9:00 am **Talli Osborne, Inspirational Speaker** (Keynote)

Talli is very excited to share her story of overcoming odds, learning to truly love herself and how she manages to always have a positive outlook in life. She will share her experiences with bullying, challenges she's faced in her life and coming to the realization that if you truly want something, you can most certainly achieve it!



10:00 am Networking and Refreshment Break

10:15 am **Audie McCarthy, President & CEO, Mohawk College Enterprise Corporation**

Session # 1—Leading with Influence

Leadership is about influence – it is not about a title. Every individual within an organization can, and should, take on the responsibility of leading. In this session, we will explore the concept of distributed leadership; how leadership takes place amongst all individuals within an organization. We will look at the skills, knowledge and attitudes required to be a successful leader without a formal title.



11:30 am Networking Luncheon (Hot Buffet)

1:00 pm **Session #2—EQ vs IQ**

Emotions vs intelligence – which trait contributes to a higher level of success? In this session, we will discover Daniel Goleman's theory of Emotional Intelligence. We will examine the four components; Self-Awareness, Self-Management, Social Awareness and Social Management and apply them to your personal development plan.

2:15 pm Networking and Refreshment Break

2:30 pm **Session #3—Aggressive Men, Assertive Women**

Why is it ok for men to be aggressive and not women? In this session, we will tackle the double standard that still exists in the business world and see why assertiveness is actually a *better skill to have anyway*. *Assertiveness will be explored and discussed along with DiSC personality traits and introversion vs extraversion.*

3:30 pm Closing Remarks

***Registration Deadline: March 10, 2017. Please note that no refunds will be issued after this date.**

Name: _____ Phone: _____

Company: _____ Email: _____

Dietary restrictions?: _____

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Early Bird—AAA Members—\$140	
Early Bird—Non AAA Members—\$150	
After February 10, 2017 AAA Members—\$160	
After February 10, 2017 Non AAA Members—\$170	

\$5 from each registration will support this year's charity: Minds in Need of Attention. mindsinneed.org