

## **Fantastic Full Day workshop on April 30th, 2015**

**Heather Tilley, Human Resources Consultant, who also teaches at Georgian College, presented on Workplace Bullying. This was an informative, interactive and empowering session that offered tips on how to deal with Bullying and who to go to for support. Heather left her business card, for anyone interested in contacting her.**

**The afternoon session was facilitated by Jacques Brunet, a highly motivating training and seminar leader, who provided a wonderful interactive session on Powerful Communications and tips for public speaking. All attendees received a copy of Jacques' book, "Now You're Talking". Jacques' presentation was very well received and provided some great tips and networking opportunities.**

**The meeting facilities at Tangle Creek provided a relaxed and intimate setting with great networking opportunities. From the feedback received, the day was successful and much appreciated by all who attended.**

**Maureen Armstrong  
Vice President**